



**Scott A. Kaplan, PhD, Psychologist, P.C.**  
NY Licensed Clinical Psychologist #021813  
(c) 312-882-3344  
[dr.scott.kaplan@gmail.com](mailto:dr.scott.kaplan@gmail.com)

### **Insurance Guide**

*Below, please find a helpful guideline of questions to ask your insurance plan representative:*

- 1. Does my plan cover mental health outpatient visits?*
- 2. Do I have a deductible that I have to satisfy? If yes, how much?*
- 3. For how many sessions does my plan cover?*
- 4. How much do I have to pay per visit? What is my copay or coinsurance rate?*
- 5. Is approval required from my primary care physician?*
- 6. Are telehealth (video or phone) sessions covered?*

*Once you learn the answers to the above questions, please share them with me.*

*Thank you so much for your understanding.*

*Scott A. Kaplan, Ph.D.*